Tactile/Kinesthetic Learners

Tactile/Kinesthetic Learners learn through moving, doing, and touching... These students like a "hands-on" approach to learning. They learn best by doing, by being directly or emotionally involved in their learning. They process information as their body moves. Because the entire body is involved, this type of student takes longer to process new information.

DO YOU...

- Involve the sense of touch in learning
- Like to do artwork
- Like to piece things together
- Like to doodle
- Like to trace words and pictures
- Succeed with tasks requiring manipulation
- Like to chew gum while studying
- Often fidget or finds reasons to move
- Have a hard time paying attention to visual or auditory presentations
- Want to be "doing" something
- Try things out
- Talk with your hands
- Get accused of being a poor listener
- Have a hard time being still when music is playing
- Learn better when able to move during learning
- Like to move hands (doodling, tapping) while learning
- Use movement to help concentrate
- Like to take frequent study breaks
- Like to work standing up
- Use bright colors to highlight reading material
- Like to listen to music while studying.
- Like to skim through reading material to get a rough idea what it is about before settling down to read it in detail
- Have good fine and gross motor skills