Top 10 Study Tips:

Spend 3 hrs. for every 1 hour in class studying.
After 2 1/2 hrs. of studying, get up and move around for 20 min.
Read material before, during and after class while taking notes continually.
Summarize your class lectures; use your class powerpoint pages.
Write your own questions that might be on the next test.

Find a study group if you have not already.
Remember, taking a test is "showing what you know."
Eat breakfast (especially blueberries and oatmeal before a test).
Be sure to take a couple of deep breaths before you begin a test.
Arrive early before a test and write down main ideas/topics that might be on a test; this is from a study that said you will focus more on the test and not your anxiety.

Good luck!
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